



Acting
together for
our children
and their
families'
health

Presentation Outline

Healthy School

Healthy Youth Centre

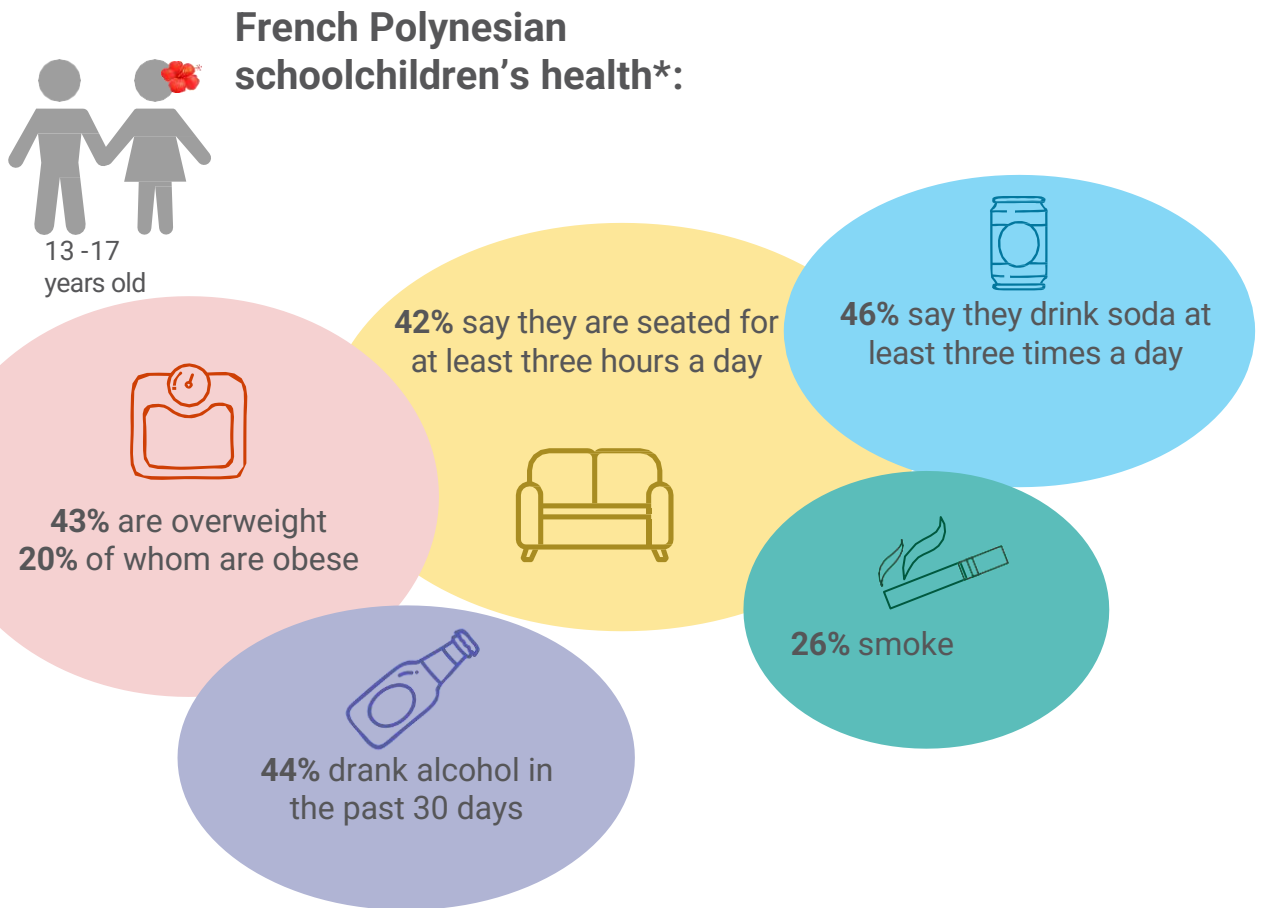


DIRECTION
DE LA SANTÉ



DIRECTION GÉNÉRALE
DE L'ÉDUCATION ET DES ENSEIGNEMENTS

Baseline situation



Need for effective and sustainable responses at the earliest age



Health promotion in schools

Schools lend themselves well to health promotion. Childhood and adolescence are key stages in people's lives when they acquire likely lifelong habits and skills.

Schools are, therefore, a favourable setting where health promotion can have maximum impact.

* According to a 2016 survey on health-related behaviour among 13-17 year-old schoolchildren in French Polynesia

3- School and youth centre health presentation outline

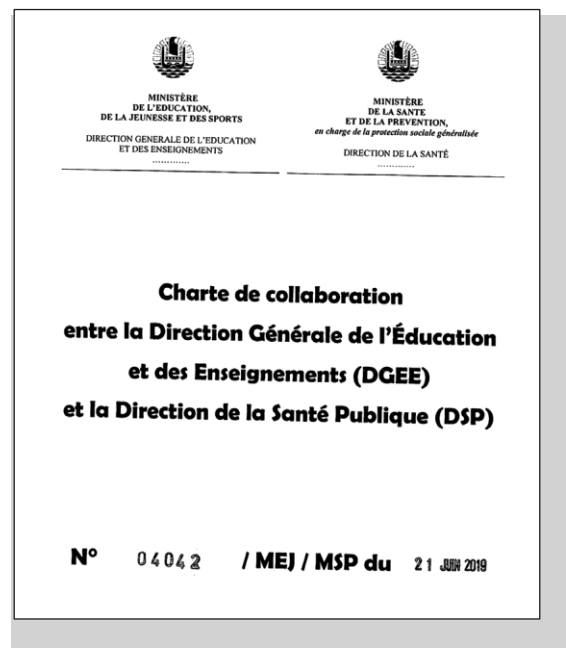
2 Scheme principle

“School and youth centre” schemes

These schemes were set up in 2017 with the aim of **promoting health** in schools so that children could acquire the skills and develop the behaviour needed for **their health and wellbeing** at an early age.

Healthy children are more likely to concentrate and become actively involved in school learning activities.

For these reasons, the French Polynesian Department of Education (DGEE) and Public Health Department (DSP) sought to strengthen their partnership by setting these two schemes up as their flagship action for promoting health under a Joint Action Charter signed in June 2019.



The project draws on World Health Organisation (WHO) recommendations, is based on a broad and positive definition of health and can be carried out in all French Polynesian public and private primary schools, youth centres and teaching facilities

catering to children aged 3 to 17. School educational projects are documents that define common health promotion activities for pupils.

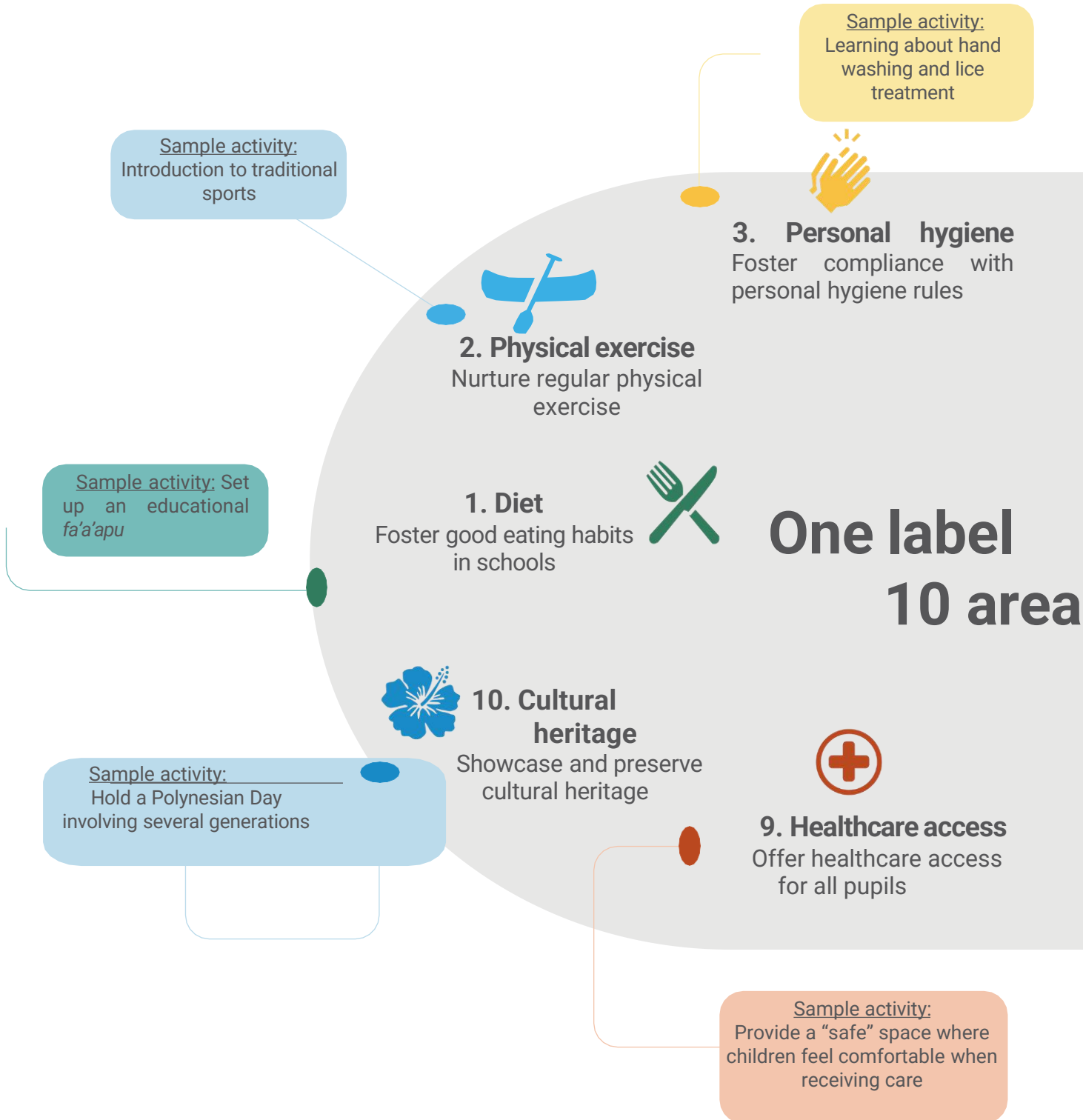
“Good health supports successful learning. Successful learners support health. Education and health are inseparable.”



**World Health
Organization**

3

A holistic approach



The idea is to integrate health into

5- School and youth centre health presentation outline



aspects of school and community life

4

Steps towards earning the label

Recommended health committee members: teaching staff, parent, municipal, health, school district, association, etc. representatives

1 – Set up a health committee

Terms of reference:

Conduct a baseline study of health promotion activities conducted in the school
Steer and monitor the project

Label documentation is provided to schools to assist them

2 – Develop an action plan

With reference to the baseline study, set up at least one activity for each of the 10 areas

3 – Activity implementation

This can be either developing and strengthening existing activities or setting up new activities

This step is based on a collaborative approach among school activity stakeholders

Assessment by a team of Health and Education Department officers

4 – Inspection prior to awarding the label

Objective:

Jointly confirm the label criteria have been met:

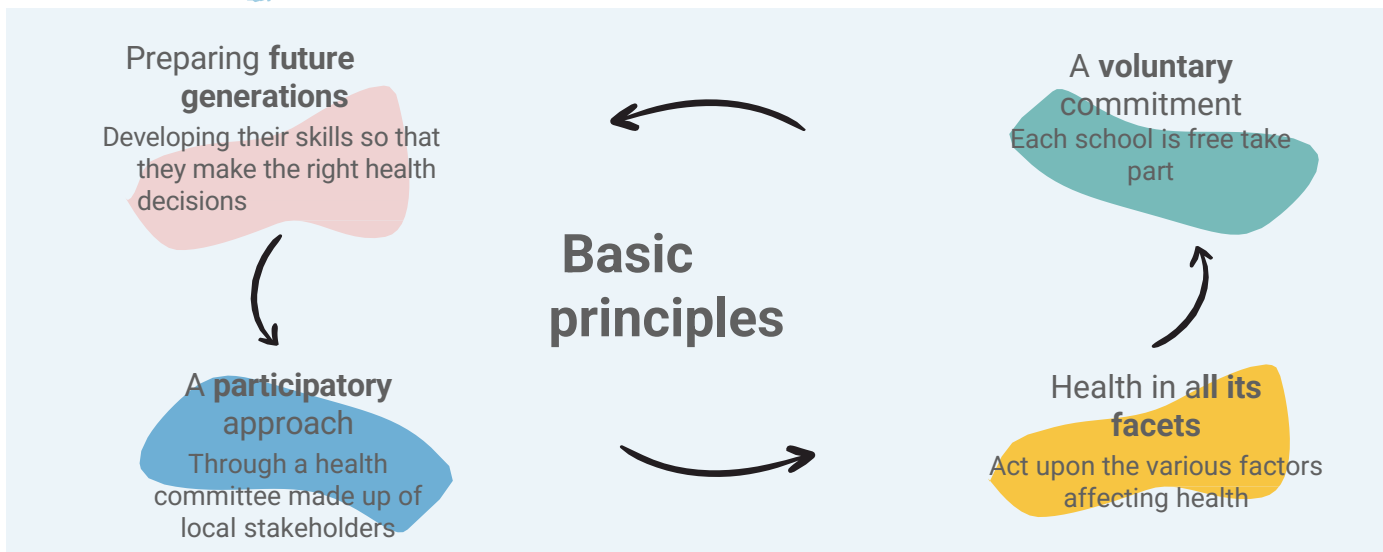
- Set up a health committee
- Set up activities in the 10 areas

5 – Label award

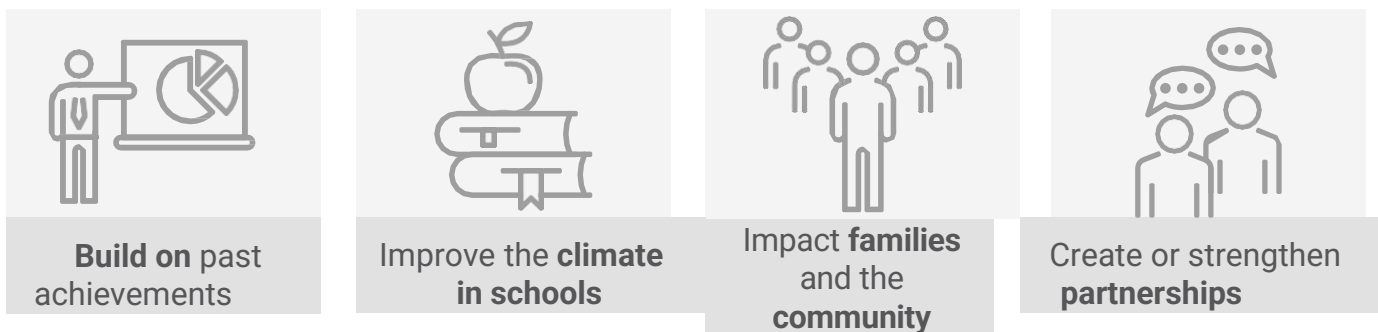
The purpose of this event, presided over by a panel, is to reward the school for its hard work (This step can be adjusted to suit the context)

Award a banner and label certificate

5 A long-term approach



Approach advantages



A little feedback



"Maharepa School earned a label for the first time four years ago. It has been setting up activities without necessarily aiming for a label. It's deeply engrained in our daily lives (May 2021)"

Mrs Ghislaine Barrier, Head Teacher, Maharepa Primary School

"We believe Healthy Youth Centres is about day-to-day life. It's about living naturally and adopting habits that enable our children to take care of themselves and their health (June 2021)"

Mrs Pererina Hatitio, Rimatara Youth Centre Manager



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